



12301 Old Columbia Pike, Silver Spring MD 20904  
Tel: 301.424.1130  
www.mannafood.org  
referral@mannafood.org

**HOW TO GET FOOD FROM MANNA:**

Montgomery County residents are eligible for **monthly pickups** and **must call to schedule each pick-up**. You may call Manna directly at 301.424.1130 or contact the Department of Health and Human Services at 240.777.0311. Pickups must be scheduled no later than 12pm one business day before the distribution.

When you call, please be prepared to provide information such as household size and household income, date of pick-up and your preferred location from the list below.

**Distribution sites and/or pick-up times:**

**Manna Market (OCP)**

12301 Old Columbia Pike  
Silver Spring, 20904

\*Indoor **choice pantry**\*  
Tuesdays: 9am-12pm & 4-7pm  
Thursdays: 9am-12pm & 1-3pm  
Fridays: 10am-12pm & 1-3pm  
1st Saturday: 9am-12pm

**Glenmont United Methodist Church (GLEN)**

12901 Georgia Ave  
Silver Spring, 20906

\*Outside: in the parking lot\*  
Tuesdays: 3pm-6pm  
Thursdays: 2pm-5pm

**Gaithersburg Middle School (GMS)**

2 Teachers Way,  
Gaithersburg, 20877

\*Outside: in the parking lot by the cafeteria\*  
Tuesdays: 5pm-7pm  
Thursdays: 5pm-7pm

**Pilgrim Church UCC (PCUCC)**

2206 Briggs Road,  
Silver Spring, 20906

\*Indoor **choice pantry**;  
access through side door\*  
3rd Monday only:  
2:30pm-5:00pm

**Salvation Army Center (GERM)**

20021 Aircraft DR  
Germantown, 20874

\*Upper parking lot, before Salvation Army and behind Regal movie theater\*  
Thursdays: 2pm-5pm

**Colesville Presbyterian Church (CPC)**

12800 New Hampshire Ave  
Silver Spring, 20904

**Choice pantry**  
3rd Saturday only:  
10am-1pm

**Manna Choice Market at the Grove (USG)**

9631 Gudelsky Drive, USG Lot 2  
Rockville 20850

**Choice pantry.** USG Lot. 2. (in front of BSE)\*  
2nd Wednesday only:  
3pm-6pm

**At your pick-up:** Proof of Montgomery County residence is required: ID, utility bill, lease copy, bank statement, etc.  
**If you are unable to pick-up your food on the scheduled day, please call us to reschedule your pick-up.**